



## CAMPING-HIKING IN NEW HAMPSHIRE

### What's Included?

#### CAMPSITE/GEAR ALL SET UP FOR YOUR ARRIVAL

Tent, sleeping bag, sleeping bag liner, sleeping pad & solar lantern

#### GUIDED HIKES

Inspired and co-led by GRO guide and White Mountain hiking veteran

#### KITCHEN

**Group Cooking Gear** | stoves, pots, fuel

**Your Dishes** | cup, bowl, spork

**Water Filtration System** | if needed for extra water during hiking

#### FOOD

**Breakfast** | GRO's homemade happy backpacker breakfast blend, coffee/tea

**Dinner** | backpacker meal, simple sweet & bedtime tea

**Recipes** | for DIY lunch, snacks

#### SLEEP, BATHROOM & SAFETY

Campground reservations

Camp amenities include: bear box, table, fire pit, pit toilets with sink, potable water source closeby, campsite located at the heart of abundant trailheads

Group first aid kit | basic first aid supplies

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